



POLICY AND PROCEDURE NOTICE: PPPN-044 MEDICAL NUTRITION THERAPY

Summary and Purpose of PPN: To guide the administration of the Ryan White Part A Program to provide a standard Priority Service definition and requirements.

Authority:

- HIV/AIDS Bureau, Division of Metropolitan HIV/AIDS Programs National Monitoring Standards for Ryan White Part A Grantees: Program – Part A
<https://hab.hrsa.gov/sites/default/files/hab/Global/programmonitoringparta.pdf>
- HAB PCN #16-02 Ryan White HIV/AIDS Program Services: Eligible Individuals & Allowable Uses of Funds
https://hab.hrsa.gov/sites/default/files/hab/program-grants-management/ServiceCategoryPCN_16-02Final.pdf
- Policy Clarification Notice 16-02: Eligible Individuals and Allowable Uses of Funds Frequently Asked Questions
https://hab.hrsa.gov/sites/default/files/hab/Global/faq_service_definitions_pcn_final.pdf
- HIV/AIDS Bureau, Division of Metropolitan HIV/AIDS Programs & Division of State HIV/AIDS Programs National Monitoring Standards for Ryan White Part A and Part B Grantees: Universal – Part A and B (Covers Both Fiscal and Program Requirements)
<http://hab.hrsa.gov/manageyourgrant/files/universalmonitoringpartab.pdf>

Background:

Atlanta EMA Quality Management Standards

The purpose of the Ryan White Part A quality management standards and measures is to ensure that a uniformity of service exists in the Atlanta Eligible Metropolitan Area (EMA) such that the consumers of a service receive the same quality of service regardless of where the service is rendered. These standards set forth the minimal acceptable levels of quality in service delivery and to provide measurement of the effectiveness of services. EMA Standards of Care may be found on the Ryan White Part A website at www.ryanwhiteatl.org.

Also see PPPN-038 Compliance with Standards.

Service Definition

The provision of nutrition education and/or counseling provided by a licensed/registered dietitian outside of a primary care visit. The provision of nutritional services, food, and

nutritional supplements may be provided pursuant to a physician’s recommendation and a nutritional plan developed by a licensed, registered dietitian.

Policy and Procedure:

1. Each client is required to have a nutritional plan developed at intake by a registered dietitian that includes:
 - Recommended services and course of medical nutrition therapy provided including types and amounts of nutritional supplements and food
 - Initiation and termination service dates
 - Planned number and frequency of sessions
 - Signature of registered dietitian

2. Subrecipient is expected to maintain documentation of the following which shall be made available to the Recipient and HRSA upon request and during Ryan White Part A site visits:
 - Valid licensure and registration of the dietician as required by the State
 - Service provisions including number of clients served and quantity of nutritional supplements and food provided to clients
 - Documentation in client records that:
 - Services provided and dates
 - Nutritional Plan as required, including required information and signature
 - Physician’s recommendation for the provision of food

3. Unacceptable Use of Nutritional Supplements:
 - Client convenience.
 - Lack of finances (food banks, food stamps, financial assistance must be pursued first).

4. Clinical Eligibility Criteria:

Clinical Eligibility Criteria (At least one of the following criteria must be met to be eligible to receive nutritional supplements)	Supportive Documentation
Body Mass Index (BMI) < 20	BMI calculation documented on prescription form
>/= 5% weight loss in 1 month	Percentage of weight loss over one month documented on prescription form
>/= 10% weight loss in 3 months	Percentage of weight loss over three months documented on prescription form
Phase angle of < 5.0 (male) or <4.5 (female)	BIA calculation documented on prescription

as measured by bioelectrical impedance testing (BIA)	form
Current evidence of illness preventing adequate food intake (especially when nutritional demands are increased)	Documentation of appropriate illness on prescription form: hypoalbuminemia, thrush (oral Candidiasis), esophageal Candidiasis, CVA, surgery, chemotherapy and/or radiation associated with cancer treatment, severe dental problems, other acute illness and/or opportunistic infection

Unit of Service Definition

Medical Nutrition Therapy (Including Nutritional Supplements)			
Subservice Name	Definition	Unit	Funding Sources
Group Nutritional Counseling - RD	Basic nutrition education provided in a group session. Topics to be addressed at a minimum include: basic nutrition needs, food and water safety, and simple drug food interactions. Must be provided by Registered Dietitian (RD).	Session	A,B
Individual Nutritional Intervention - RD	Individualized nutritional intervention based on nutritional assessment. Interventions include developing a nutritional plan and one-on-one nutritional counseling and referrals. Must be provided by Registered Dietitian (RD).	Session	A,B,C
Nutritional Assessment - RD	Nutritional assessment by a Registered Dietitian (RD). Includes review of nutrition history, clinical information, laboratory data, biochemical parameters, diet, calculated intake compared to nutrition needs, weight, anthropometric measurements, and lifestyle, financial, education and other psycho-social data.	Assessment	A,B,C
Nutritional Supplement - RD	Provision of nutritional supplement such as Glucerna, Ensure, etc. by a Registered Dietitian (RD).	Can/Bar/Bottle	A,B,C

Approved: June 2016

Reviewed: April 2021